



# Vitadora Stand Up Chair

## Rise to comfort and vitality

User manual  
Gebruikershandleiding | Manuel d'instructions



# Vitadora stand Up Chair

## Congratulations!

You are now the proud owner of the Vitadora Stand Up Chair, the comfortable and thoughtfully designed chair that combines quality, safety, and ease of use.

Please take a few moments to read this manual carefully, especially the safety instructions, to ensure you can enjoy your Stand Up Chair to the fullest and with complete peace of mind. And keep it handy for future reference whenever needed.

We wish you many comfortable and relaxing moments!

Warm regards,  
Team Vitadora

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## SAFETY INSTRUCTIONS



**We recommend reading all instructions carefully before using your Vitadora Stand Up Chair.**



Your Vitadora Stand Up Chair starts with a 15-minute automatic massage program. You can adjust the massage time from 15 to a maximum of 60 minutes.

**For your safety, a massage session should never exceed 60 minutes.**

- Check that the mains voltage matches the chair's voltage before using it.
- The chair operates at a voltage of 12V, which is completely safe for human use. Make sure the plug fits properly into the outlet.
- Unplug the chair when not in use.
- Do not use the chair outdoors.
- Never lift or carry the chair by its cord.
- Keep the cord away from heated surfaces.

- Close supervision is necessary when the chair is used by or near children or people with disabilities.
- This chair is not a toy. Children should not use it or play with it.
- Do not stand on the chair.
- Do not clean with water or chemicals. When cleaning, do not forget to unplug it first.
- Stop using the chair immediately if you experience any discomfort.
- Never attempt to adjust or manipulate the mechanism.

## HEALTH CAUTIONS

- If you have any concerns regarding your health, consult your doctor before using this the chair.
- If you experience muscle or joint pain for a prolonged period, stop using the chair and consult your doctor. Persistent pain could be a sign of a more serious condition.
- For people with a pacemaker: A recliner typically contains electric motors and generates electromagnetic fields, which should not interfere with the functioning of a pacemaker, as modern pacemakers are well shielded against such influences. However, it is always advisable to consult your doctor to ensure there are no specific risks in your situation, especially if your pacemaker or medical condition is unique.
- Only one person can sit in the chair at a time.
- Do not use the chair if you notice that the cables, screws or anchors are in poor condition. Regularly check the condition of cables, screws, and anchors to ensure the optimal functioning of your chair.
- Do not use the chair if any part is missing or broken.
- If the chair comes into contact with water, unplug it immediately. Never attempt to touch or move the chair while it is still connected to a power source.
- This chair should only be handled or repaired by an authorized technician.
- The box containing the transformer and remote controls is located underneath the chair, between the frame.



**Attention!**  
**This thermotherapy elevator chair generates heat when in use; use it with utmost caution.**

PRODUCT SPECIFICATIONS & FEATURES

Dimensions:

- Width: 85.5 cm
- Depth: 96–155.5 cm
- Height: 79–102.5 cm
- Height when lifted: 137.5 cm
- Maximum weight capacity: 125 kg

Material:

- Technology fabrics, vegan leather and foam inside

Features:

- Electric reclining and standing assist
- 4 massage zones, each zone can be operated individually
- 5 massage modes
- Heating function
- 8 vibration motors
- Adjustable intensity
- Timer settings: 15, 30, or 60 minutes with automatic shut-off

ASSEMBLING THE CHAIR

In most cases, your Vitadora Stand Up Chair will be delivered, unpacked, assembled, and placed for you by your supplier.

The following assembly instructions are only necessary if, for any reason, the chair is delivered without assembly service. Assembly is simple, but we recommend having two people for easier setup.

- To facilitate handling, the Stand Up Chair is delivered in several parts that can be easily assembled.
- Unpack all parts and place them on a flat surface in an open, unobstructed area, preferably near the spot where you intend to set up the chair permanently.
- Thoroughly clean the removable parts with a damp cloth. Do not use abrasive products.

Steps for easy assembly

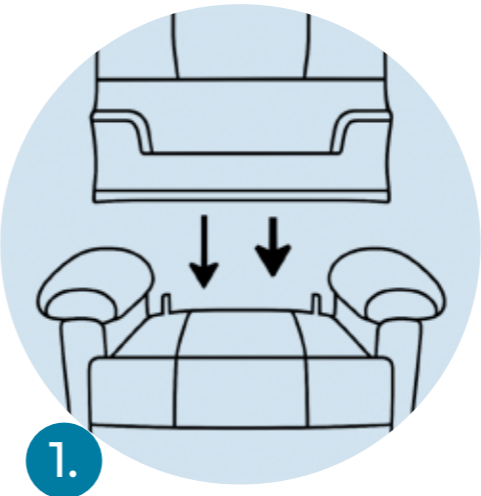
1. Carefully slide the backrest piece of the chair until it fits snugly into the base (see Figure 1).
2. Connect the wires as shown in Figure 2 (connectors).
3. Do not force any connection, as each plug only fits its matching connector (same color).

Important considerations during assembly and placement

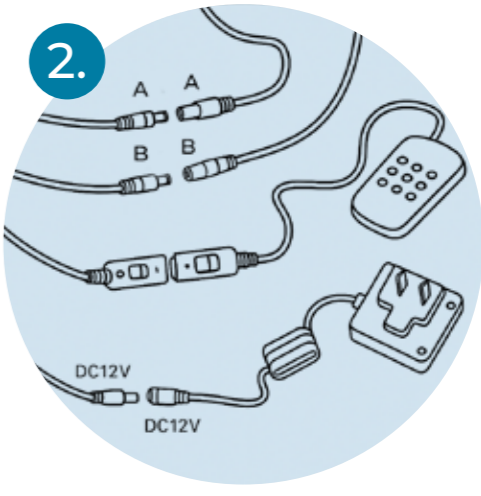
- Place the chair on a flat surface.
- When moving the chair, be mindful of the type of flooring. For floors prone to scratches, it is advisable to attach felt pads under the legs to prevent damage. We are not responsible for any damage to the floor caused by the chair.
- Never lift your chair by the armrests. When moving the chair, lift it from the bottom of the armrests or the side panel.
- When choosing the final location for the chair, make sure there is an easily accessible electrical socket nearby.

- Ensure that the main power supply provides the correct voltage required by the chair.

- Avoid exposing the chair to direct sunlight or placing it near a fireplace or wood stove to prevent discoloration or warping.





Assembly





Connectors

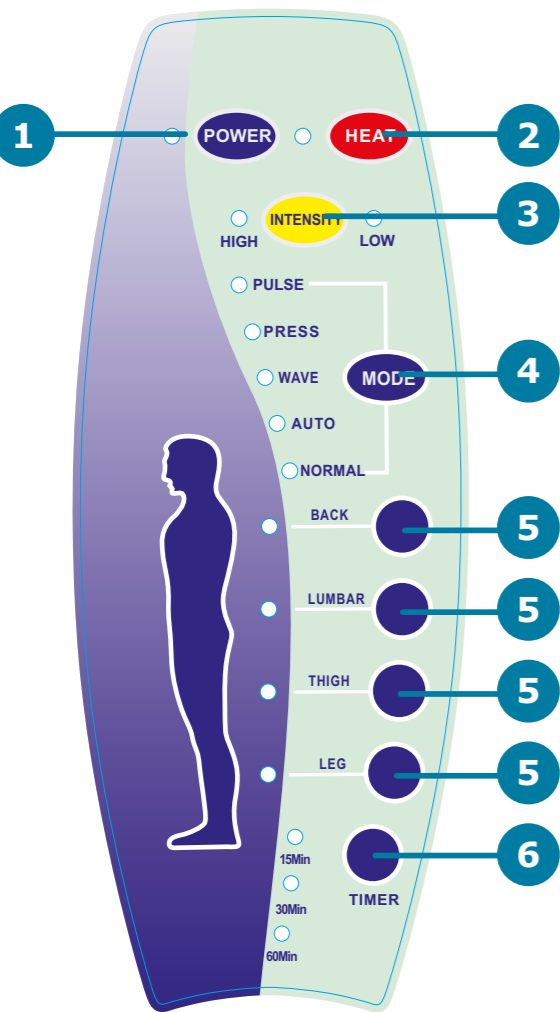
ADJUSTING YOUR CHAIR POSITION

You can easily recline the backrest, adjust the footrest, or raise the seat with the controller. Follow these simple steps:

1. The backrest, footrest, and seat elevation functions are fully automatic. Simply press the buttons on the controller to operate these functions.
2. Press and hold the button  to recline the backrest while adjusting the footrest. Release the button once you reach your desired position.
3. To return to the starting position, press the button . Hold it down to activate the lift function, helping you into a nearly standing position.

4. Starting from the seated position, press the lift button  to raise the seat until you reach the desired height.
5. To return to the starting position, press the button  again.

REMOTE CONTROL



Adjust all functions at the press of a button. See the overview for what each control does.

- 1. Power on/off
- 2. Heat on/off
- 3. Adjust massage intensity
- 4. Select massage modes
- 5. Choose massage zones
- 6. Set massage time

- 5. To change the massage intensity, press the INTENSITY button. The LED for HIGH or LOW intensity will illuminate when selected.
- 6. Note: Discontinue use immediately if you feel any discomfort or pain.
- 7. Select the massage time you prefer. You can choose between 15, 30, or 60 minutes. For your comfort and convenience, the massage chair will automatically shut off after the selected time, so you can relax fully without keeping an eye on the clock. Please note: for your safety, do not exceed the maximum continuous use of 60 minutes!
- 8. To enjoy soothing heat during your massage, press the HEAT button. Press the button again to turn the heat off when desired.
- 9. After use, press the POWER button again to switch off the chair. For your safety and to protect the chair, unplug it from the wall outlet if you do not plan to use it for an extended period.

MAINTENANCE INSTRUCTIONS

To store:

- Place the chair in a safe, dry, and cool location.
- Avoid contact with sharp edges or pointed objects that might cut or puncture the fabric.
- Do not expose the chair to direct sunlight for extended periods, as this may cause discoloration or fabric damage.
- Avoid wrapping the power cord tightly around the chair, and always place the cord safely to prevent the risk of tripping.

To clean:

- Ensure the chair is unplugged from the power source and has cooled down before cleaning.
- Avoid spilling liquids on the chair or allowing moisture to enter the electrical components.

- Wipe the fabric cover with a damp sponge using a mild detergent or soap solution. Pat dry with a clean, dry cloth.
- Do not use abrasive cleaners, brushes, gasoline, kerosene, glass or furniture polish, paint thinner, or very hot water.
- Avoid strong chemical cleaners that may damage the fabric or internal mechanisms.

Regular checks:

- Periodically inspect the power cord and plug for signs of wear or damage.
- If you notice any damage, do not use the chair. Contact your supplier or request a repair by an authorized technician.
- If you have any questions about maintenance or repairs, please

HOW TO USE YOUR CHAIR AND ENJOY IT TO THE FULLEST

- 1. Insert the adapter jack into the socket located on the back of the massage chair, then plug the adapter into a wall outlet
- 2. Turn the unit ON by pressing the POWER button once. The LED will illuminate when the power is on.
- 3. Turn on the massage in each zone by pressing the BACK, LUMBAR, THIGHS, or LEGS buttons. The LEDs will illuminate when each zone is activated. To turn off a zone, press the button again.
- 4. To select a massage mode, press the MODE button. To change modes, press the MODE button until the LED for the desired mode illuminates:
  - **PULSE** – Deep tapping massage
  - **PRESS** – Rapid tapping massage
  - **WAVE** – Gradual, side-to-side vibrating massage
  - **AUTO** – Random pulsing massage across all zones
  - **NORMAL** – Firm, continuous vibrating massage

## AC/DC SWITCHING POWER SUPPLY (SPS) ADAPTER

### Intended use

The adapter (SPS) converts AC power from a wall socket into low-voltage DC power to operate your Vitadora chair - and for this chair only.

The adapter plugs into a wall socket. Connect the chair to the adapter using the supplied cord.



### Follow all instructions carefully to avoid damage or injury.

This product meets the requirements for electromagnetic compatibility and electrical safety under both EU and UK regulations.



## Safety instructions for the switching power supply (sps)

### Connections

Only plug the SPS into a power outlet matching the voltage on its label.

- Place the SPS flat or upright during use.
- Maximum duty cycle: 2 minutes ON, 18 minutes OFF (10%).

### Operation conditions

- Operating temperature: 0°-30°C.
- Storage temperature: 0°-60°C.
- Humidity: 20% to 95% (no condensation).
- Keep away from open flames, dust, and liquids.
- Use indoors only, in dry rooms.
- Do not operate in high temperature environments.
- Avoid exposure to water or other (conductive) liquids to prevent the risk of electric shock.

### Important

- This device may not cause harmful interference and must accept any interference received.
- Disconnect the power supply when not in use.
- Keep cables away from walkways to prevent tripping.

### Specifications





- Input voltage range: AC 100–240V, 50/60Hz
- Rated output voltage: DC 29V 2A (Model: ZB-H290020\_A)

### Maintenance & care

- Inspect the power cord and output cord for damage before each use.
- Check the housing of the SPS for cracks or other damage before use.
- Do not operate the SPS if the connection cords or housing are damaged. A damaged SPS cannot be repaired. Clearly disable it to prevent further use and dispose of it according to local regulations. To continue using your chair safely, please contact Customer Service to order a replacement adapter. Clean the SPS with a damp cloth only. Ensure it is completely dry before reuse.
- Do not use organic solvents (such as petrol, alcohol, etc.) to clean the SPS, as they may damage the casing and create explosive vapors.
- Do not use sharp objects to clean the SPS.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, or by persons lacking experience and knowledge, unless supervised or instructed by a responsible person.
- Children must be supervised to ensure they do not play with the appliance.
- If the supply cord is damaged, it must be replaced by a service agent, or similarly qualified personnel to avoid hazards.
- Fuse replacement must be carried out only by a qualified professional.

## EXPLANATION OF SYMBOLS

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	Indicates double or reinforced insulation protection.
	Complies with the WEEE directive (Waste Electrical and Electronic Equipment Directive).
	Please refer to the user manual before use.
	Indicates the manufacturer of the product.

## WARRANTY AND COMMUNICATIONS

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Warranty: one year against factory and material defects. The warranty does not cover faults caused by incorrect handling, damage, assembly or attempted repairs. The same applies to normal wear and tear.

This warranty does not affect applicable legal rights. For questions, assistance, support, or warranty claims, please contact your supplier.



**SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.**

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